

2023 LOG SHEET



Get fit, save money, support local businesses, and win prizes!

HOW IT WORKS:

- Leave your car at home and walk, bike, or take public transit for 10 trips until September 22nd (Car Free MSP Day)
- Fill out your trips on this log sheet or do it digitally at macgrove.org/macgrovemoves. More log sheets are available at the Edgumbe Rec Center
- Turn in up to 3 log sheets (that's 30 walking, biking, or public transit trips) to the MGCC office (320 Griggs St S) by September 25th

FOR MORE INFO ON PRIZES, VISIT
MACGROVE.ORG/MACGROVEMOVES

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NAME: _____

ADDRESS: _____

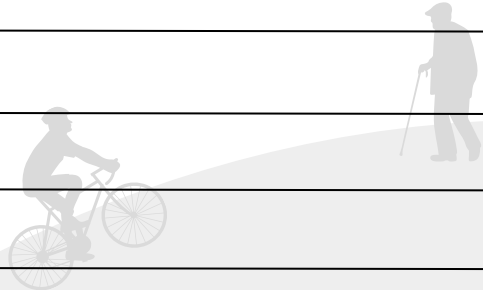
PHONE: _____ AGE: _____

EMAIL: _____

Log your trips walking, biking, and/or public transit:

Ex. Walked to grocery store

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



NAME: _____

ADDRESS: _____

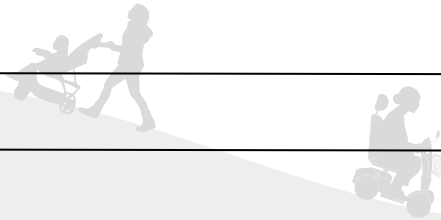
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