2026 LOG SHEET

Get fit, save money, support local businesses, and win prizes!

HOW IT WORKS:

- Leave your car at home and walk, bike, or take public transit for 10 trips until May 30th.
- Fill out your trips on this log sheet or do it digitally at macgrove.org/macgrovemoves. More log sheets are available at the Edgcumbe Rec Center Turn in up to 3 log
- sheets (that's 30 walking, biking , or public transit trips) to the MGCC office (320 Griggs St S) by May 30th.

FOR MORE INFO, VISIT MACGROVE.ORG/MACGROVEMOVES

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NAME: _____

ADDRESS: _____

_____

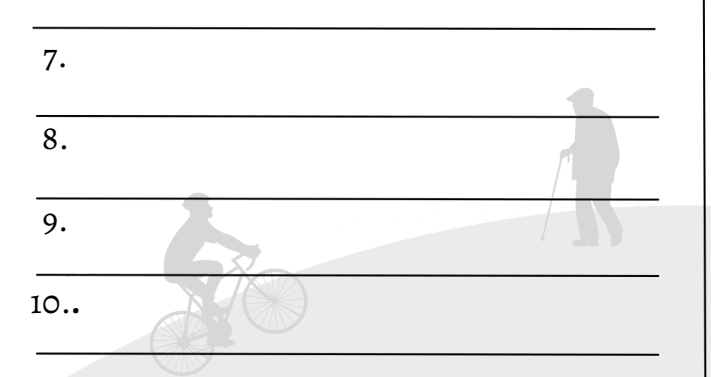
PHONE: _____ AGE: _____

EMAIL: _____

Log your trips walking, skating, biking, and/or public transit:

Ex. *Walked to grocery store*

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



NAME: _____

ADDRESS: _____

_____

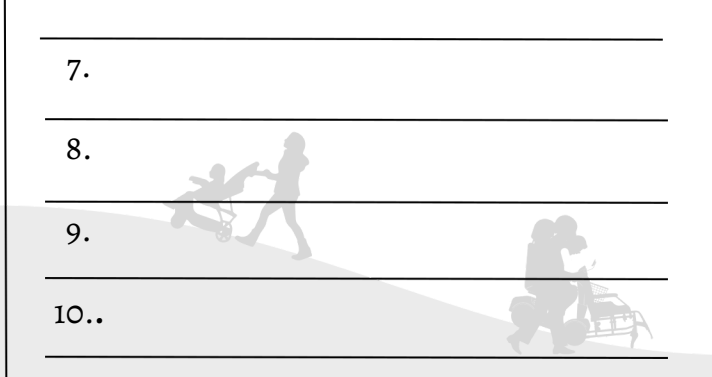
PHONE: _____ AGE: _____

EMAIL: _____

Log your trips walking, skating, biking, and/or public transit:

Ex. *Walked to grocery store*

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



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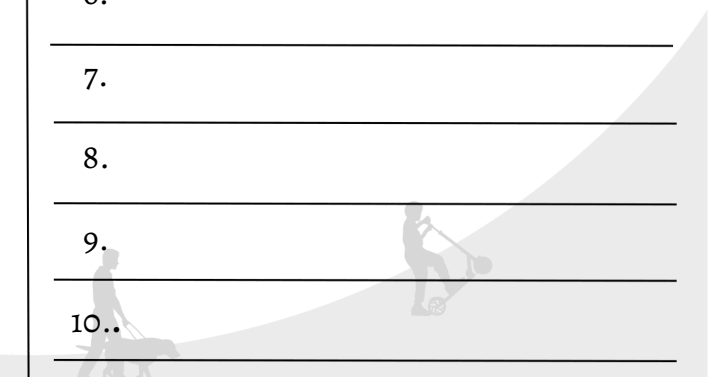
1. _____
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